

## OET SAMPLE TEST

### CANDIDATE CARD

### NURSING

**SETTING** Community Health Centre

**NURSE** The patient is a 30-year-old university lecturer who has recently (2 weeks ago) had his/her lower bowel removed due to Crohn's disease and has been fitted with a colostomy bag. The patient's vital signs are fine. The surgeon has informed the patient that wearing the colostomy bag is irreversible. The patient appears depressed.

- TASK**
- Greet the patient and ask how he/she is feeling.
  - Respond to the patient's concerns but explain why the colostomy bag is needed.
  - Explain sympathetically that wearing the bag is irreversible.
  - Empathise with the patient while informing the patient that although lifestyle changes will need to be made, his/her fears are unnecessary and explain why. Then give brief instructions about management of the stoma and bag.
  - Tell the patient that community health assistance is available whenever he/she needs it. Ask the patient to come back in 3 days' time for another assistance session.